



Fact Sheet:



Social Model The Most Frequently Asked Questions

What is the social model of recovery in California?

The roots of modern social model recovery are in the mutual self-help concepts of Alcoholics Anonymous. Programs emphasize the process of learning through "doing" and "experiencing," and by providing positive role models.

What is an example of social model?

A Recovery Home is a community-based, peer-group oriented, residential facility that provides food, shelter, and recovery services in a supportive, non-drinking, drug-free environment.

What types of services are provided?

Individual and group recovery planning, alcohol and drug recovery education, group support, recreational activities, information about and assistance in obtaining health, social, vocational and other community services that are offered.

What is the major goal of a recovery home?

The major goal is to provide an environment in which men and women recovering from alcoholism or drug addiction will experience a sober, functioning lifestyle and return to the community as a responsible drug-free individual.

Are social model programs residential only?

No, there are also nonresidential social model programs. These are community-based programs that provide a sober supportive environment, offer services to persons with alcohol-related problems and educate the

surrounding community concerning such problems.

Where can I obtain further information on social model programs?

The following are private organizations that may be contacted for further information:

- California Association of Addiction Recovery Resources
(916) 338-9460
- Social Model Recovery Systems, Inc.
(626) 332-3145, Ext. 1 or
1-800-678-7644